

**Elizabeth H. Rummer, MSPT
Curriculum Vitae**

SCHOLASTIC DATA

Master of Science in Physical Therapy University of Miami, Medical School Coral Gables, Florida	2001
Bachelor of Science University of Miami Coral Gables, Florida	1998

PROFESSIONAL HISTORY

Co-owner and Physical Therapist Breast and Pelvic Health and Rehabilitation Center San Francisco, California	2006-present
Staff Physical Therapist Pacific Center for Pelvic Pain and Dysfunction San Francisco, California	2005-2006
Staff Physical Therapist ProActive Therapy San Francisco, California	2002-2004
Staff Physical Therapist Circle of Friends San Francisco, California	2002-2003

PUBLICATIONS AND SPEAKING ENGAGEMENTS

CME/CEU Courses:

Rummer EH, Prendergast SA: Instructor and Course Coordinator-
Demystifying Pudendal Neuralgia: A Physical Therapist's Approach:
New York, NY: February 2007, Seattle, WA: March 2007, Columbia,
MD: May 2007, Phoenix, AZ: January 2008, Nashua, NH: March 2008,
Dublin, Ireland: Nov. 2008, Atlanta, Georgia: Feb 2009, Chicago, IL:
March 2009, Houston, TX: January 2010, Minneapolis, MN: April 2010.

Rummer EH: Workshop: Connective Tissue Manipulation: A Hand's-On
Workshop. International Pelvic Pain Society 2009 Annual Scientific
Meeting.

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Publications:

Rummer EH, Prendergast SP, Kotarinos RK, Kirages DJ: Orthopedic Rehabilitation Clinical Advisor, pp265-276. Mosby, 2010.

Rummer EH, Prendergast SP: The Role of Physical Therapy in Treating Myofascial Pelvic Pain Syndrome, *IASP Sig-Newsletter*, vol 1, no 2, October 2009.

Rummer EH, Prendergast SP: De-Mystifying Pudendal Neuralgia, *Current Directions in Women's Health, A Division of the Canadian Physiotherapy Association*, Fall 2008.

Prendergast SA, Rummer EH, Kotarinos R: Treating Vulvodynia with Manual Physical Therapy, *National Vulvodynia Association Newsletter*, vol 13, no 3, 2008.

Rummer EH, Prendergast SA: The Role of Physical Therapy in the Treatment of Pudendal Neuralgia: part 1, *Vision*, vol. 15, no. 1, 2007.

Rummer EH, Prendergast SA: The Role of Physical Therapy in the Treatment of Pudendal Neuralgia: part 2, *Vision*, vol. 15, no. 2, 2007.

Speaking Engagements

Rummer EH: Lecture – Demystifying Pelvic Pain and Dysfunction in Men and Women: A Physical Therapist's Approach. Synergy + Physical Therapy & Pilates Studio. San Anselmo, CA, March 2009, San Francisco Sport and Spine, San Francisco, CA March 2009.

Rummer EH: Musculoskeletal Implications for Rehabilitation in the Breast Cancer Population. The San Francisco Bay Club: April 2010.

Rummer EH: Workshop for Women with Breast Cancer. Charlotte Maxwell Complementary Clinic. Oakland: October 2009, San Francisco: January 2010.

Rummer, EH, Prendergast SP, Whitmore K, Kellogg-Spadt S, Wise D: Lecture –De-mystifying Chronic Pelvic Pain (IC/PBS/CPPS). International Continence Society 39th Annual Meeting. San Francisco, CA September 2009.

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Rummer EH, Prendergast SP, Poree, L, Rejba, A: Lecture – Multi-disciplinary Management of Chronic Pelvic Pain. Society of Urologic Nurses and Associates Pelvic Floor Symposium. San Francisco, CA, March 2009.

Rummer EH: How to Manage Your Patient with Stress Incontinence and Pelvic Pain. Society of Urologic Nurses and Associates Pelvic Floor Symposium. San Francisco, CA, March 2009.

Rummer EH, Prendergast SA: Lecture – Evaluation and Treatment of Pudendal Neuralgia. American Physical Therapy Association Combined Sections Meeting. Las Vegas, NV, February 2009.

Prendergast SA, Rummer EH: Lecture – Physical Therapy Evaluation and Treatment of Chronic Pelvic Pain. UCSF Pain Management Fellowship Program. November 2008.

Rummer EH: Lecture - Physical Therapy Evaluation and Treatment of Male Pelvic Pain. International Pelvic Pain Society 16th Annual meeting. Buena Vista, CA, October 2008.

Rummer EH: Lecture - The Role of Physical Therapy in the Treatment of Chronic Nonbacterial Prostatitis/Chronic Pelvic Pain Syndrome: Society of Urological Nurses and Associates Annual Symposium, Tampa, FL: February 29-March 2, 2008.

Rummer EH, Prendergast SA: Lecture – Physical Therapy Management of Pudendal Nerve Entrapment: American Physical Therapy Association Annual Conference and Exposition, Denver, CO: June 27-30, 2007.

Rummer EH: Lecture- A New Approach to the Physical Therapy Management of Chronic Pelvic Pain. Mediterranean Society for Pelvic Floor Disorders Annual Meeting, Cairo, Egypt, April 2007.

Prendergast SA, Rummer EH: Lecture- The Role of Physical Therapy in the Treatment of Pudendal Neuralgia. International Urogynecological Association 31st Annual Meeting, Athens, Greece, September, 2006.

PROFESSIONAL MEMBERSHIPS

Society for Pudendal Neuralgia
Member

2005-present

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American Physical Therapy Association Member	1998-present
National Vulvodynia Association Member	2006-present
Interstitial Cystitis Network Member	2006-present
International Pelvic Pain Society Member	2006-present
Society of Urological Nurses and Associates Member	2006-present
Mediterranean Society for Pelvic Floor Disorders International Advisory Board	2007-present
International Society for the Study of Pain Member	2008-present
International Society of Lymphology Member	2008-present
American Urogynecologic Society Member	2008-present
International Society for the Study of Women's Sexual Health Member	2009-present

POST-GRADUATE EDUCATION

Rehabilitative Ultrasound Imaging Class Oakland, CA	2010
17 th Annual Scientific Meeting: IPPS Phoenix, AZ	2009
Pelvic Floor Symposium: SUNA San Francisco, CA	2009
16 th Annual Scientific Meeting: IPPS Buena Vista, FL	2008
Update on Urogenital Pain - Current Issues and Controversies Glasgow, Scotland	2008
Urogynecology and Pelvic Floor Disorders Sponsored by Stanford University School of Medicine Palo Alto, CA	2008
3rd Annual Biological Basis of Breast Cancer Conference San Francisco, California	2008
Pregnancy and Post-Partum: Clinical Highlights Holly Herman, PT Boston, Massachusetts	2008
Management of Breast Cancer Lymphedema Linda Miller, PT San Francisco, California	2008

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Society of Urological Nurses and Associates Annual Symposium Tampa, Florida	2008
6 th Interdisciplinary World Congress on Low Back and Pelvic Pain Barcelona, Spain	2007
15 th Annual Scientific Meeting: IPPS San Diego, CA	2007
28 th Annual AUGS Scientific Meeting Hollywood, Florida	2007
Gynecologic Visceral Manipulation Gail Wetzler, PT Ann Arbor, Michigan	2007
Physical Therapy Treatment for the Breast Cancer Patient R3 Programs San Francisco, California	2007
American Physical Therapy Association Annual Meeting and Exposition Denver, Colorado	2007
Mediterranean Society for Pelvic Floor Disorders Annual Meeting Cairo, Egypt	2007
Society of Urological Nurses and Associates Annual Symposium Colorado Springs, Colorado	2007
Surgical Observation/Intervention Radiology Private observation: Michael Hibner, MD Phoenix, Arizona	2006
14 th Annual Scientific Meeting: IPPS San Antonio, Texas	2006
31 st Annual IUGA Scientific Meeting Athens, Greece	2006
Urogynecology and Pelvic Floor Disorders Stanford University Stanford, California	2006
Foundations of Myofascial Trigger Point Therapy Travell and Simons Course Series San Francisco, California	2006
Chronic Prostatitis Scientific Workshop NIH Pelvic Pain Meeting Baltimore, Maryland	2005
13 th Annual Scientific Meeting: IPPS Atlanta, Georgia	2005

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Rotator Cuff of the Pelvis Lab Course Seattle, Washington	2005
Active Therapeutic Movement Lab Course San Francisco, California	2004
Lower Quarter Anatomy and Biomechanics: Implications for the Evaluation and Treatment of Musculoskeletal Disorders Lab Course San Francisco, California	2004
Shoulder Syndromes: Assessment and Treatment Lab Course San Francisco, California	2003
A Biomechanical Model for Evaluation and Treatment of the Lumbar Spine and Pelvis Lab Course San Mateo, California	2002
Muscle Energy Technique Lab Course San Mateo, California	2002